

View Wellness trends

GoSafer Security Knowledge Base

This operational reference is organized for GoSafer Security customers and staff. Alarm.com product names are retained where required for technical accuracy.

Overview

Wellness behaviors help users understand changing behavior trends.

Platform	Customer Website
Content type	Reference
Source last updated	2025-06-04

Procedure

To view wellness trends

1. Log in to the GoSafer Security customer portal (powered by Alarm.com).
2. Click Activity.
3. Click Wellness.
4. Click Behaviors.

Using the Select a View dropdown menu, click View trends to show possible emerging behavioral changes.

The Trends page defaults to show the past week's behaviors. To change the date range of the graph, click on the first calendar [Date Picker] to select a starting date and then click on the second calendar [Date Picker] to select an ending date.

While in Trends view, you have the ability to mouse over a specific data point to see the actual value, instead of its relative position on the graph. When you mouse over a specific data point, it displays the date the point represents and the value it represents.

[Wellness Trends]

Source and support

For GoSafer Security assistance, visit gosafersecurity.com.

Original Alarm.com reference:
https://answers.alarm.com/Customer/Website_and_App/Wellness/Wellness_Management/View_Wellness_trends

Always verify safety, installation, compatibility, and current UI details against the original manufacturer documentation before operational use.

Revision #1

Created 2026-09-01 00:30:19 UTC by Jerdenn Calag

Updated 2026-09-01 00:30:19 UTC by Jerdenn Calag