

Create/edit an Up and About notification

GoSafer Security Knowledge Base

This operational reference is organized for GoSafer Security customers and staff. Alarm.com product names are retained where required for technical accuracy.

Overview

An up and about notification can notify users if there has been a long period of no activity at the home.

Platform	App + Web
Content type	How-to / Configuration
Source last updated	2025-06-04

Procedure

To create/edit an Up and About notification using the Alarm.com app

1. Log in to the Alarm.com app.
2. Tap [Menu].
3. Tap Notifications.
4. Tap [Settings].

To edit a notification, tap to select the Up and About notification to configure.

To create a new notification if there is not an Up and About notification yet

1. Tap [Add].
2. Tap Use A Template.

In Wellness, tap More.

1. Tap Up And About.
2. Enter the desired name for the notification rule.

Using the System is inactive for dropdown menus, configure the required inactivity duration.

In During this time frame, select either

At All Times to notify you any time of the day the system is inactive for the set time.

Only During the Following Times to set up notifications to only take place during certain hours of the day.

In Recipients, tap Add to select recipients to be notified.

1. Tap the entries in the Address Book that are to be notified, or tap Add Contact to add a new Address Book entry.

Once all desired recipients are selected, tap Close.

1. Verify the notification is configured with the correct settings.
2. Tap Save.

To create/edit an Up and About notification using the GoSafer Security customer portal (powered by Alarm.com)

1. Log in to the GoSafer Security customer portal (powered by Alarm.com).
2. Click Notifications.

To edit a notification, click [Edit] for the Up and About notification to configure.

To create a new notification if there is not an Up and About notification yet

1. Click New Notification.
2. Click Wellness.
3. Click Up And About.
4. Enter the desired name for the notification rule.

Using the System is inactive for dropdown menus, configure the required inactivity duration.

In During this time frame, select either

At All Times to notify you any time of the day the system is inactive for the set time.

Only During the Following Times to set up notifications to only take place during certain hours of the day.

In Recipients, click Add to select recipients to be notified.

1. Click the entries in the Address Book that are to be notified, or click New to add a new Address Book entry.

Once all desired recipients are selected, click Close.

1. Verify the notification is configured with the correct settings.
2. Click Save.

Source and support

For GoSafer Security assistance, visit gosafersecurity.com.

Original Alarm.com reference:
https://answers.alarm.com/Customer/Website_and_App/Wellness/Wellness_Notifications/Create_edit_an_Up_and_About_notification

Always verify safety, installation, compatibility, and current UI details against the original manufacturer documentation before operational use.

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